ACKNOWLEDGEMENT

The research scholar is ever grateful to his teacher **Prof.Dr.R.THIRUMALAISAMY**, former Vice Chancellor, Tamil Nadu Physical Education and Sports University, Chennai for his motivation and encouragement towards the inception of the researchers professional career.

The research scholar thanks with deep sense of gratitude to **Prof.Dr.K.VAITHIANATHAN**, former Vice Chancellor of Tamil Nadu Physical Education and Sports University, Chennai who graciously permitted and motivated to pursue the Doctoral degree in physical education.

Sincere thanks to **Dr. GRACE HELINA**, Vice Chancellor (officiating), Tamil Nadu Physical Education and Sports University for her support in the successful completion of this research work.

Sincere thanks to **Dr. J. P. SUKUMAR**, (Former Registrar) and **Dr. P.SAMRAJ**, Registrar i/c, Tamil Nadu Physical Education and Sports University for their support in the successful completion of this research work.

The research scholar with immense pleasure express his deepest gratitude to his guide **Dr. S. THIRUMALAI KUMAR**, Associate Professor, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai for the continuous support throughout the research work, for his patience, motivation, enthusiasm, and immense knowledge. His guidance helped the researcher in all the time of research and writing of this dissertation. The researcher could not have imagined having a better advisor and mentor for his Ph.D study. The research scholar is ever indebted to his guide.

Sincere thanks to **Dr. V.MANGAIYARKARASI**, Professor and Head, Department of Sports Management and Sports Psychology & Sociology, Tamil Nadu Physical Education and Sports University for her unstinted support and constant encouragement and valuable suggestions.

The research scholar express his indebtedness for his Coach, **Dr.R.KASHIVISWANATHAN**, Hockey coach, Lakshmibai National College of Physical Education, Trivandrum, for giving an opportunity to learn Hockey.

The research scholar express his indebtedness for his teacher, **Dr.JAYASHREE ACHARYA**, Professor and Head, Department of Sports Psychology, Lakshmibai National University of Physical Education, Gwalior, for being an inspiration and inception to learn sports psychology.

The research scholar is indebted to **Dr.R.RAMAKRISHNAN**, Controller of Examinations, i/c, Tamil Nadu Physical Education and Sports University, Chennai for his encouragement.

The research scholar whole heartedly thanks **Dr.R.ELANGOVAN**, Professor and Head, Department of Yoga, Tamil Nadu Physical Education and Sports University, for his support, encouragement and motivation towards the completion of this research work.

his profound The research scholar expresses sense of gratitude to Dr.S.PREMKUMAR and **Dr.SHAHIN** AHMED. Professors. Associate Dr.P.GOPINATHAN and Mr. V.RAMESH KUMAR, Assistant Professors, Department of Sports Management and Sports Psychology & Sociology, Tamil Nadu Physical Education and Sports University, Chennai for their indeed help, clarifications and encouragement.

The research scholar expresses his special thanks to **Dr.R.SUBRAMANIAN**,

Associate Professor, Department of Advanced Training and Coaching, Tamil Nadu

Physical Education and Sports University, Chennai for his continuous and constant encouragement and valuable suggestions.

The research scholar sincerely owes his heartfelt thanks and kind regards to

Dr.P.RAJINIKUMAR, Assistant Professor, Dr.C.MANOJ, Physiotherapist and

Dr.K.B. SHRINIVASAN, Sports Physiotherapist, Tamil Nadu Physical Education and

Sports University for their whole hearted support in the successful completion of this research work.

The research scholar is ever grateful to **Dr.M.SURESHKUMAR**, Assistant Professor, Selvam College of Physical Education, Namakkal and

Dr.A.MANOJKUMAR, Assistant Professor, AMET University, Chennai, for their whole hearted support in the successful completion of this research work.

The research scholar express his heartfelt thanks to **Dr.V.MURUGUVALAVAN**, Medical officer cum Assistant professor, **Dr. C. ARUMUGAM**,

Dr.P.K.SENTHILKUMAR, Mr.P.KUMARAVELU, Dr.S.SELVALAKSHMI, Dr.V.DURAISAMI, Dr.J.ANITHA and Mr.G.NALLAVAN Assistant Professors, Tamil Nadu Physical Education and Sports University, Chennai for their provoking discussions, constructive criticisms, appreciable support and valuable advice to complete this research work.

The research scholar wishes to express his sincere thanks to **Dr.N ASHOK KUMAR**, Librarian, and other associated library staffs, Tamil Nadu Physical Education and Sports University, Chennai for rendering all the help towards the successful completion of this research work.

The research scholar expresses his sincere gratitude to his wife Mrs.SUJITHA KANNADASAN, and his beloved son Master DIKSHIT for their support and encouragement in completing this research work.

The research scholar expresses his deepest gratitude to his parents Mr.K.KUMUDAN and Mrs.K.KANNAGI for their love, endless support and encouragement at all the times.

The research scholar express his hearty thanks to his loveable uncle Mr.K.JAYAPAUL, dear brothers Mr.J.KAVIYARASAN, Mr.K.KALAIYARASAN, sister Ms. K.KAVIYA, niece D.K.YASHICA, brother-in-law Mr. J.DHEEPAN and his

cousin **Mr. P.PRABHUKUMAR** for their unstinted help and support. Also the researcher wishes to thanks all his cousin brothers and sisters for their support.

The research scholar expresses his gratitude to his dear friends **Dr.M.BASKARAN, D.SINGARAVEL**, **S.IYAPPAN**, **R.SUNDARRAJAN** and **C.DHANENCHELIAN** for their help and motivation.

The research scholar wishes to thank all the teaching and administrative staff of **Tamil Nadu Physical Education and Sports University** for their ever loving support.

The research scholar wishes to thank the **SUBJECTS AND THEIR PARENTS** for their whole hearted support in the successful completion of this research work.

The research scholar wishes to thank **Mr. JEYKAR THANGARAJ** and **Mr. LAKHSMAN KUMAR** for their whole hearted support in the successful completion of this research work.

Last but not the least; the research scholar is ever grateful to his **STUDENTS** who transformed him as a continuous learner for ever.

K.KANNADASAN